



GENESIS

Spiritual Life & Conference Center

GATHER REST PRAY RENEW



RETREATS • CONFERENCES • PROGRAMS • EVENTS

Your home for hope, healing and hospitality.

CREATION
SPIRITUALITY

CONTEMPLATIVE
LIVING

WHOLENESS
SPIRITUALITY

CHRISTIAN
LIVING

Welcome Home

Welcome to the Genesis family. When you cross the threshold of Genesis Spiritual Life Center, you enter a place where your journey of faith and self-discovery begins anew. We're confident you'll find a wealth of programs designed to nurture your spirit and deepen your connection with the Divine.

Genesis is a place of hope and healing, where beauty, mystery, and love intertwine. Experience the transformative power of silence, contemplation, and connection with one another and the wonders of creation.

Genesis creates an environment that reveals the love of God for all creation and brings renewal to those who come. Founded in 1976 by the Sisters of Providence, our mission is hospitality and inclusiveness. We promote wellness through on-site and online programs, workshops, retreats, and spiritual direction. We welcome people of all faiths, spiritual paths, and backgrounds.

In this nurturing atmosphere, we foster respect and meaningful relationships with all people. Our dedication to spiritual growth is interwoven with ongoing efforts to protect and preserve cultural heritage and the environment, creating a holistic space where every aspect of your being—mind, body, and spirit—can thrive.



Scan or Click to visit our website.

Our historic Carriage House holds meeting and conference facilities, an art space, an ecology library, and a meditation room. Our Guest Wing building accommodates 29 private overnight rooms. Including a guest kitchen, fireplace room, books, cards, and gifts for purchase, and a chapel. Crafted with care by our talented chef, our home-style cuisine delights the palate with its delectable and nutritionally balanced offerings.



The grounds include the 19-acre Providence Arboretum that supports eco-spirituality with different tree species and animal life. Explore the arboretum by walking the Compassionate Curve Pathway with reflection stations, chairs, and benches. Plan to visit our community garden to see where Genesis Lavender is grown.

We welcome you to a place where hope flourishes and healing begins.

Discover the different focus areas that Genesis offers. They each provide a comprehensive and integrated approach to exploring spirituality. Visit our website or scan the QR code for detailed program information and current schedule.

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Scan or Click to visit our full program calendar.



CREATION SPIRITUALITY



Creation Spirituality

Blends contemplative practices, theological insights, and hands-on experiences to deepen your spiritual practice, enhance your connection with nature, and inspire a more harmonious relationship with the world around you. Drawing from diverse sources such as Christian tradition, indigenous wisdom, mystical traditions, and contemporary science, Creation Spirituality programs offer a holistic framework for those seeking a deeper meaning in life, incorporating teachings on care for creation as emphasized by Pope Francis and St. Francis, who viewed all of nature as a reflection of God's love and call for living in kinship with our common home.

Key Aspects:

- Engaging with creation through awe, wonder, and reverence
- Recognizing the interconnectedness of all things
- Exploring and expressing inherent creativities
- Pursuing social justice and environmental stewardship



Scan or click to visit our current listing
of Creation Spirituality programs.

Creation Spirituality invites you to reconnect with the sacredness of the universe and existence.

Creation Spirituality Themes



Foundations of Creation Spirituality

Core principles of our connection to the universe.



Connecting with the Divine

Contemplative practices and our relationship with the sacred.



Divine Presence in Nature

Exploring how the sacred manifests in the natural world around us.



Interconnectedness of All Beings

Exploring the profound connections that unite all forms of life.



Contemplative Practices in Nature

Mindfulness and reflection amidst creation.



Art and Creativity in Creation Spirituality

Artistic practice, creative expression, and the divine.



Forest Bathing and Nature Immersion

Explore the healing benefits of time in nature.



Indigenous Wisdom and Spirituality

Learning from traditional ecological knowledge.



Care for Creation (Laudato Si')

Developing a sense of kinship with our planet.



Science and Spirituality

Bridging modern cosmology with spiritual insights.



Meditation and the Cosmic Christ

Spirituality through the lens of universal love and presence.



Integrating Creation Spirituality

Applying spiritual principles to daily life and community action.

CONTEMPLATIVE LIVING



Contemplative Living

A profound journey inward, inviting you to pause amidst the busyness of life and connect with the deeper currents of existence. Encourages you to engage with life more fully and explore the sacred dimensions of your being. Contemplative living programs transform through prayer practices, workshops, retreats, and immersive experiences, fostering a sense of peace, purpose, and understanding. Formed around the Christian contemplative tradition of saints and mystics like St. Hildegard of Bingen, St. Francis of Assisi, Meister Eckhart, St. Catherine of Siena, St. Teresa of Avila, St. John of the Cross, Thomas Merton, Thomas Keating, and many others, these programs draw inspiration from centuries of spiritual wisdom.

Key Aspects:

- Embracing silence and solitude
- Experiencing the divine in everyday moments
- Developing a heart-centered approach to life
- Recognizing the sacred in all experiences
- The Providence of God: God's loving presence, active in and through us



**Scan or click to visit our current listing
of Contemplative Living programs.**

Contemplative Living programs offer a transformative opportunity to deepen your connection with God through intentional practices and supportive community.

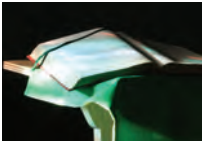
Contemplative Living Themes



Centering Prayer
A method of silent prayer which invites Divine presence through stillness.



Embracing Mystery
Explore the unknowable aspects of spirituality and existence.



Lectio Divina
A contemplative way of reading scripture, poetry or other spiritual works.



Contemplative Art
Engaging in creative expression as a form of spiritual practice.



Mindfulness Meditation
Techniques to develop present-moment awareness.



Providence of God
God's loving presence and care working in and through all of creation.



Contemplative Walking
Combining physical movement with spiritual reflection.



Silence and Solitude
Cultivating inner stillness and embracing quiet reflection.



Breath Awareness
Utilizing the breath as an anchor for meditation and prayer.



Spiritual Journaling
Self-reflection and exploration through writing.



Exploring Divine Presence
Recognizing and connecting with the sacred in daily life.



Contemplative Listening
Developing deep, attentive presence in relationships.

WHOLENESS SPIRITUALITY



Wholeness Spirituality

A journey of self-discovery that transcends physical boundaries. Spirit, soul, and body align in synchronicity creating a sense of completeness. Rather than pursuing perfection, this path invites you to embrace your entire being—integrating light and shadow—and find healing from within. Experience a state of inner harmony where nothing feels missing or broken. Drawing upon Christian spiritual tradition and those of others, Wholeness Spirituality programs deepen your connection to yourself, others, and the sacred.

Key Aspects:

- Inner Harmony: Achieving a balance between our thoughts, emotions, and actions
- Connection to Source: Developing a relationship with the sacred or divine
- Self-Realization: Uncovering and embracing our authentic selves
- Integration of Light and Dark: Accepting all aspects of our being



Scan or click to visit our current listing
of Wholeness Spirituality programs.

Embark on a transformative journey toward Spiritual Wholeness through diverse programs that promote inner harmony and well-being.

Wholeness Spirituality Themes



Biospiritual Focusing
Healing and self-discovery through body awareness.



Mandala Creation
Drawing and meditating on circular designs for self-reflection and wholeness.



Yoga
Connecting body, mind, and spirit through integrative physical movement.



Healing Workshops
Healing through art therapy, meditation, and ritual.



Spiritual Direction
Spiritual growth and discernment with the aid of a companion.



Contemplative Art Therapy
A means of spiritual expression and self-discovery.



Silent Directed Retreats
Deep connection, prayer and reflection with the Divine.



Integrative Dream Analysis
Fostering self-understanding and growth.



Bake and Pray
A communal activity that combines baking with prayer.



Spiritual Journaling Circles
Spiritual awareness and self-reflection through writing.



Grief Work
Healing from loss through therapeutic practices, rituals, and community support.



Labyrinth Walking
Moving meditation for spiritual insight and centering.

CHRISTIAN LIVING



Christian Living

Embodies living in love for God, humanity, and all creation. Follow Christ's example by cultivating simplicity, compassion, and joy. Your relationship with God influences how you treat others and the world. Christian Living programs transform through worship, prayer, sacred exploration, and compassionate action.

Key Aspects:

- Walking in the footsteps of Christ
- Finding God in ritual and practice
- Incarnational Theology and Reverence for Creation
- Contemplation and Action: Commitment to Prayer, Peace and Justice
- Finding God in the Everyday: Living a life of Love, Joy and Gratitude



**Scan or click to visit our current listing
of Christian Living programs.**

Christian Living invites you to experience the transformative power of God's love in your life.

Christian Living Themes



God is Love

Original Goodness, Love, relationship, and the Trinity.



Practical Christian Living

Everyday experiences of life, faith, family, community, loss, grief and suffering.



Seeing Christ, Being Christ

Being love and compassion in our world.



Faith in Action

Social Justice – awareness, outreach and ministry.



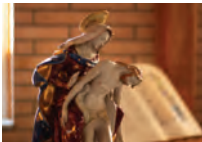
Foundational Christian Practices

Rituals, practices, scripture and tradition.



The Trinity

Understanding God's nature and its implications for believers.



Observing Sacred Seasons

Advent, Christmas, Lent, Easter and the celebration of seasons.



Building Christian Community

Fostering fellowship and support among believers.



Follow My Example

Exploring the lives and teachings of the Saints.



Discipleship

Growing in faith and helping others do the same.



Spiritual Growth and Development

Transformation through prayer, contemplation, and love.



Spiritual Disciplines

Practicing prayer, fasting, meditation, and Bible study.



The Cosmic Christ Triptych

Visit Genesis' chapel and reflect upon this contemporary altarpiece that depicts Christ permeating the entire cosmos, reflecting Thomas Berry's ecological theology and St. Paul's vision of cosmic unity through Christ.

For nearly half a century, Genesis has served as a spiritual bedrock in the community and continues to provide hope and healing for thousands of people each year. It is a blessing to come to this peaceful place and explore its beautiful landscape. Welcome home.



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